

SUMMER SCHEDULE 2025



6/2 – 8/14 (10 weeks)

KEY DATES:

Memorial Day 5/26 – Facility Closed

No Groups – 6/30 – 7/5

SSP Annual Meeting 7/31 & 8/1 – Open Gym 5:15am – 6pm

Last Day of Summer Training – 8/14

High School

8:00 a.m. – 9:15 a.m. | **Monday – Thursday** | (x4 Day) **\$480.00** or (x 2Day) **\$240.00**

1:00 p.m. – 2:15 p.m. | **Monday – Thursday** | (x4 Day) **\$480.00** or (x 2Day) **\$240.00**

4:00 p.m. – 5:15 p.m. | **Monday – Thursday** | (x4 Day) **\$480.00** or (x 2Day) **\$240.00**

Youth Conditioning

1:00 p.m. – 1:45p.m. | **Tuesday & Thursday** | (x2 Day) **\$240.00**

Middle School

2:00 p.m. – 3:00 p.m. | **Monday – Thursday** | (x4 Day) **\$480.00** or (x 2Day) **\$240.00**

3:00 p.m. – 4:00 p.m. | **Monday – Thursday** | (x4 Day) **\$480.00** or (x 2Day) **\$240.00**

ELITE GROUP

10:00a.m. – 12:00p.m. | **Monday – Thursday** | (x4 Day) **\$700.00**

For Team Agreements – call us at 701-757-8900 or email Anthony.morando@sanfordhealth.org

For Adult Training – call us at 701-757-8900 or email Anthony.morando@sanfordhealth.org